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You can spend them any of the Island's eight major supermarkets, or in one of the community pantries in Ryde, Ventnor or East Cowes.  The scheme includes:   * A £125 food voucher for residents who get for Local Council Tax Support and Pension Credit Guaranteed Credit * A £50 food voucher per household eligible for Local Council Tax Support and benefits-related Free School Meals or Early Years Pupil Premium * A £25 food voucher for residents eligible for Local Council Tax Support where there are no children or pensioners living at the property   You can apply online or pick up an application form from different locations across the Island.  [**Find out more about the food voucher scheme**](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDQsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMjA2MjguNTk5OTU2MzEiLCJ1cmwiOiJodHRwczovL3d3dy5oYW50cy5nb3YudWsvc29jaWFsY2FyZWFuZGhlYWx0aC9jaGlsZHJlbmFuZGZhbWlsaWVzL2Nvbm5lY3Rmb3Jjb21tdW5pdGllcy9zdXBwb3J0Zm9yZmFtaWxpZXMvaG91c2luZy1zdXBwb3J0L2hvdXNpbmctc3VwcG9ydC1pb3cifQ.Nm7v4I3ygxxxQE7vwoM6MT13fj47E8zmv_QLj_Yw9YA/s/946713009/br/134313222958-l)  **Community Pantries**  Isle of Wight community pantries are brilliant, especially if times are tight. You pay £5 a week but actually get over £15 worth of fresh, frozen, tinned and dry food.  To take part you need to become a member by contacting one of the community pantries. You can use the pantry once a week, but you don't have to go every week.  There are currently food pantries in:  **East Cowes Community Spirited,** Vectis Road, PO32 6HN. **Tel:** 01983 296592Opening hours: Tuesdays, 12:30pm to 3:30pm Wednesdays and Thursdays, 10:30am to 12:30pm  **Ryde Oakfield Primary School,** Appley Road, Ryde, PO33 1NE **Tel:** **563732** Opening hours: Monday, Wednesday and Friday, 3.00pm to 4.30pm  **Ventnor** **Baby Box,** Victoria Street, Ventnor, PO38 1EJ **Tel:**07961 959003 Opening hours: Tuesdays and Thursdays, 2pm to 4pm Saturdays, 12pm to 2pm  [**Find out more about Isle of Wight community pantries**](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDYsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMjA2MjguNTk5OTU2MzEiLCJ1cmwiOiJodHRwczovL3d3dy5oYW50cy5nb3YudWsvc29jaWFsY2FyZWFuZGhlYWx0aC9jaGlsZHJlbmFuZGZhbWlsaWVzL2Nvbm5lY3Rmb3Jjb21tdW5pdGllcy9jb21tdW5pdHlwYW50cmllcy1vdmVydmlldy9jb21tdW5pdHktcGFudHJpZXMtaW93In0.PHCkoSW16g3nSY0pV9XVz5msk2G4q8-VA0XMIKl8U6I/s/946713009/br/134313222958-l)  **Support for Islanders**  Support is available for Islanders in the following places:   * [**Islehelp.me**](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDgsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMjA2MjguNTk5OTU2MzEiLCJ1cmwiOiJodHRwczovL3d3dy5pc2xlaGVscC5tZS8ifQ.yz5iOXJha_pO9Mb-2c5TD4TtYuVuf0VQWOVb-xCJrT8/s/946713009/br/134313222958-l) * **Citizens Advice: 0800 144 88 48 or**[**citizensadviceiw.org.uk**](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDksInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMjA2MjguNTk5OTU2MzEiLCJ1cmwiOiJodHRwOi8vY2l0aXplbnNhZHZpY2Vpdy5vcmcudWsvIn0.xeNSSct5UW2L-Ik69tP2pOx09HqCFlIPw2Q_Un_Q0o0/s/946713009/br/134313222958-l) * [**Help through crisis**](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMTEsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMjA2MjguNTk5OTU2MzEiLCJ1cmwiOiJodHRwczovL3d3dy5pc2xlaGVscC5tZS9oZWxwLXRocm91Z2gtY3Jpc2lzLyJ9.UPYN_32-jyar8QlgF9HGeDH584XqBb6huJhVyv6c2KE/s/946713009/br/134313222958-l) * **Mental health support:**[**iwmentalhealth.co.uk**](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMTIsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMjA2MjguNTk5OTU2MzEiLCJ1cmwiOiJodHRwczovL3d3dy5pd21lbnRhbGhlYWx0aC5jby51ay8ifQ.NgLQEoLNpR2fzogo9tSSiV8dBOCoV3_q3mwhRAm3zTU/s/946713009/br/134313222958-l) **and NHS111 or**[**get medical help - NHS 111**](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMTMsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMjA2MjguNTk5OTU2MzEiLCJ1cmwiOiJodHRwczovLzExMS5uaHMudWsvIn0.oEISySIQetf4aHXxcORHweZ5jw-9Wlvv_3Irj6U0Ntg/s/946713009/br/134313222958-l) * **The Isle of Wight COVID-19 helpline:** 01983 823600   [**Find out more about support for Islanders**](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMTQsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMjA2MjguNTk5OTU2MzEiLCJ1cmwiOiJodHRwczovL2tlZXB0aGVpc2xhbmRzYWZlLm9yZy9zdXBwb3J0LyJ9.9E35MheEW-cwL_w9O6VbkBtDnmRJyudNPe2W6YFHKKM/s/946713009/br/134313222958-l)  **It's not too late to get your COVID-19 vaccine**   * Everyone aged 5 and over can get a 1st and 2nd dose of the COVID-19 vaccine. Vaccines for 5-11 year olds are by appointment only. * People aged 16 and over and some children aged 12 to 15, can also get a booster dose. * People aged 12 and over who had a severely weakened immune system when they had their first 2 doses, will be offered a 3rd dose and a booster (4th dose).   **Spring Booster** People aged 75 and over, people who live in care homes for older people, and people aged 12 and over who have a weakened immune system, can now book a spring booster. If you’re over 75 and it’s been 6 months since your last vaccine you will be contacted to book your booster or attend a walk-in before the end of June. Please make sure you leave the correct time between doses.  **Walk-in clinics**  The Riverside Centre, Newport, PO30 2QR.  People aged 12 years and over: Every Friday in July, 8 am to 8 pm  Young people aged 5 to 11: Sunday 26 June and every Sunday in July, 9 am to 6 pm.  **St Mary's Hospital Hub, South Block, Newport, PO30 5TG**[**Isle of Wight NHS Trust**](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMTYsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMjA2MjguNTk5OTU2MzEiLCJ1cmwiOiJodHRwczovL3d3dy5mYWNlYm9vay5jb20vSU9XTkhTLz9fX3RuX189a0sqRiJ9.YqIO3pY5Qw8Vml7Y5Q4icBN0KDhLiSa1Q4Fo1f6syDE/s/946713009/br/134313222958-l)  People aged 18 and over: Every Monday and Thursday7:30am to 1:30pm throughout June, July and August. Closed Monday 29 August for the bank holiday.  Over 75s can get their booster. People with suppressed immunity need to take evidence of this with them.  **Other walk-ins for people aged 12+:**  Tuesday 28 June at The Heights Leisure Centre, PO36 9ET, 5pm to 7.30pm Thursday 30 June at Freshwater Fire Station, PO40 9DR, 2pm to 6pm  You can still [book a vaccine appointment on the NHS website](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMTcsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMjA2MjguNTk5OTU2MzEiLCJ1cmwiOiJodHRwczovL3d3dy5uaHMudWsvY29uZGl0aW9ucy9jb3JvbmF2aXJ1cy1jb3ZpZC0xOS9jb3JvbmF2aXJ1cy12YWNjaW5hdGlvbi9ib29rLWNvcm9uYXZpcnVzLXZhY2NpbmF0aW9uLyJ9.-u9CH2Lw_jjgUEgrlsNenmU_bji1uiBoLlPikJjK3Ok/s/946713009/br/134313222958-l).  [**Get more information about vaccinations on this local NHS website**](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMTgsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMjA2MjguNTk5OTU2MzEiLCJ1cmwiOiJodHRwczovL3d3dy5oYW1wc2hpcmVzb3V0aGFtcHRvbmFuZGlzbGVvZndpZ2h0Y2NnLm5ocy51ay95b3VyLWhlYWx0aC9sYXRlc3QtaW5mb3JtYXRpb24tb24tY292aWQtMTkvY292aWQtMTktdmFjY2luYXRpb24tcHJvZ3JhbW1lIn0.XATRbImvV-xsS5f-IPKSLB_VLskwyYELUwZyFAi7Zh0/s/946713009/br/134313222958-l)  **Discover how Wightcare can help you**  Do you worry about your own or a loved one’s safety while at home alone?  Wightcare provides a 24 hour emergency response service, so there is always someone to help when you need it. Giving you the confidence to be independent in your own home, as well as giving your family peace of mind.  Whether you live alone, want to remain independent in your own home, are worried about a loved one’s safety, are living with a long-term health condition or disability, or have recently returned from hospital, Wightcare can offer a lifeline to independence with the help of assistive technology.  Wightcare’s customer survey results showed that 98.3% said having Wightcare gave them more confidence, made them more independent in their home and made their loved ones feel reassured.  If you’d like to gain independence in your own home or give your loved ones peace of mind, get in touch with the Wightcare team on 01983 821105 or [wightcare@iow.gov.uk.](mailto:wightcare@iow.gov.uk)  [**Find out more about how Wightcare can help you**](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMjAsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMjA2MjguNTk5OTU2MzEiLCJ1cmwiOiJodHRwczovL2JldGEuaW93Lmdvdi51ay9hZHVsdC1zb2NpYWwtY2FyZS9lcXVpcG1lbnQtYW5kLXRlY2hub2xvZ3ktdG8tbGl2ZS1pbmRlcGVuZGVudGx5L2Fzc2lzdGl2ZS10ZWNobm9sb2d5LXdpZ2h0Y2FyZS8ifQ.XLz0l68gm0pHB8ZfbgLd5it5ytTp8V-QqKcGPArYjLY/s/946713009/br/134313222958-l)     |  | | --- | | **Organisations invited to apply for Signposting grants, deadline 3 July.**  Do you know an organisation on the Island that offers advice to vulnerable families on issues such as finance, health and wellbeing, housing and employment?  They can apply now for funding from the Holiday Activities and Food (HAF) programme, which provides fun and enriching activities to do over the school holidays, together with a healthy, nutritious meal.  Signposting grants are now available to organisations from the private, voluntary and public sectors who are best placed to provide suitable support services, working in partnership with HAF providers local to them. This is so further support can be given to families on other issues which may be affecting them.  £20,000 is available in total with individual grants of up to £4,500 available. These can be used to provide a range of activities, with a preference to fund organisations offering face-to-face or virtual advice sessions.  Organisations eligible to apply may include Citizen’s Advice, healthcare providers, family support services, housing support services, Jobcentre Plus and more.  The deadline for applying for a Signposting Grant is Sunday 3 July 2022. |   [**Find out more about the Signposting Grant**](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMjIsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMjA2MjguNTk5OTU2MzEiLCJ1cmwiOiJodHRwczovL3d3dy5oYW50cy5nb3YudWsvc29jaWFsY2FyZWFuZGhlYWx0aC9jaGlsZHJlbmFuZGZhbWlsaWVzL2Nvbm5lY3Rmb3Jjb21tdW5pdGllcy9ob2xpZGF5YWN0aXZpdGllcy9oYWYtc2lnbnBvc3RpbmcifQ.kaGVEbf2VQwCtd9U8MVwU6NVSGKfEHhPFZBJfIs-WCA/s/946713009/br/134313222958-l) | | **The MMR Vaccine**  The MMR vaccine is the safest and most effective way to protect children and our community from measles, mumps and rubella, which can cause serious illness.  If your child is due to have had two doses of MMR but has not yet received them, or has missed them for any reason, you should contact your GP practice to get them vaccinated as soon as possible.  [**Find out more about the MMR vaccination**](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMjQsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMjA2MjguNTk5OTU2MzEiLCJ1cmwiOiJodHRwczovL3d3dy5uaHMudWsvY29uZGl0aW9ucy92YWNjaW5hdGlvbnMvbW1yLXZhY2NpbmUvIn0.o4SD6GwsstFwVWXQ55wYd-5DCt-IgmKvpGEwlyEtvi0/s/946713009/br/134313222958-l) | | |  | | --- | | **Isle of Wight Council**  County Hall, High Street, Newport, Isle of Wight PO30 1UD Website: [www.iow.gov.uk](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMjUsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMjA2MjguNTk5OTU2MzEiLCJ1cmwiOiJodHRwczovL3d3dy5pb3cuZ292LnVrLyJ9.x5JR2an7SsTdvi-BBVhK1b55xfrimUlu-8vZrdC5azg/s/946713009/br/134313222958-l)   l   Tel: (01983) 821000  **Why are you receiving this email?**  We are sending this news bulletin to everyone who has subscribed to Isle of Wight Council e-newsletter updates.  This news update is separate to our usual community e-newsletter for the Isle of Wight, The Island, which will resume during 2022.  We'll be sending out these updates to our usual subscriber lists, including: The Island; Business news; Additional council topics and Recycling, waste and environment. You can [change your preferences at any time.](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMjYsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMjA2MjguNTk5OTU2MzEiLCJ1cmwiOiJodHRwczovL3B1YmxpYy5nb3ZkZWxpdmVyeS5jb20vYWNjb3VudHMvVUtJT1cvc3Vic2NyaWJlci9uZXc_cXNwPUNPREVfUkVEIn0.kX0gfiBdQFT4xy26K_HiW-pybiwgi_oYXQZl0MCsh-Q/s/946713009/br/134313222958-l)  **© All content is copyrighted** | | |  |  |  |  |  | | --- | --- | --- | --- | --- | | |  |  |  |  | | --- | --- | --- | --- | | |  | | --- | |  | | |  | | --- | |  | | | | | |  | | |  |  |  |  | | --- | --- | --- | --- | | |  | | --- | |  | | |  | | --- | |  | | | | | |